



Thursday, October 1, 2009 ASQ Section 1007 Presents:

Topic: Emotional Intelligence

"Improving the quality of our thinking and quality of our performance."

Speaker: Byron Stock

Author of Smart Emotions (For Busy Business People)

Location: Five O'clock Sports Bar and Restaurant in Stevensville, MI.

Time: Get Acquainted: 6:00 pm

Dinner: 6:30 p.m.

Program: 7:30 pm

Meal: 8oz Grilled Sirloin Burger, (Condiments i.e. lettuce, tomato, pickle),
House made Chips, Salad & Rolls and Chocolate Chip Cookie Platter.
(Vegetarian meals available upon request.)

Cost: \$15.00

Contact Penny Swank for reservations at swankpenny@yahoo.com or call 269-325-0108.

Deadline for reservations is Noon - Wednesday, Sept. 30, 2009.

Description:

When we think of quality we usually think about product and process quality. In our October 1st ASQ session Byron Stock will provide us with an overview of Emotional Intelligence and how we can enhance our skills in this area so that we improve "the quality of our thinking and quality of our performance." If you think this is a soft subject, think again. Learn about the brain and heart research and how negative emotions keep us from thinking clearly and performing at our best. You may even want to volunteer to see what emotions do to your heart rhythms in real time on the computer screen!

Speaker Bio:

Byron is a self-proclaimed "recovering engineer" and has worked in manufacturing engineering and design engineering before moving into training and leadership development. Byron has been teaching applied Emotional Intelligence skill building to companies like McDonald's, Conway, Herman Miller and others for 14 years. He has a B.S. in Industrial engineering from Purdue University and an MBA from Xavier University. He is President of Byron Stock & Associates LLC.